

FOUNDATION COURSE	WEEK 1	WEEK 2	WEEK 3	WEEK 4	TOTAL HOURS
ORIENTATION	30	0	0	0	30
SKILLS MODULES	0	10	12	11	35
FIELD VISISTS	0	2	2	4	8
ETHICS/PROF DEV	0	15	15	10	40
SPORTS/ECA	5	6	5	6	22
COMPUTERS/LAN	10	10	10	10	40
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ELEMENTS AND COMPONENTS OF FOUNDATION COURSE

Orientation 30 hours (4+2+18+10 = 30 hours)

1) Doctor's role in Society – 3 hours

- a) Expectations of society from doctors
- b) Expectations of patients from doctors
- c) Expectation of the profession from its members
- d) Roles and responsibilities of doctors
- e) Gender sensitivity

2) What can the student expect - 3 hours

- a) From the society and nation
- b) From the institution
- c) From teachers
- d) From peers and colleagues
- e) From patients

3) Orientation of the student to: 14 hours

- a) Rules and regulation : 2 hours
- b) Facilities : 2 hours
- c) Faculty : 2 hours
- d) Facility visits – library, hostels, sports ground , common rooms - 3 hours
- e) Library visits and facility orientation (with task or reflection) – 2 hours
- f) Hospital visit - 3 hours

4) Overview of the MBBS program: 10 hours

- a) Curriculum description - 2 hours

- b) Career pathways & personal growth – 1 hour
- c) Role at various levels of health care delivery system - 2 hours
- d) Skill requirements and certifications - 2 hours
- e) Examinations - 2 hours
- f) University rules regarding examinations and attendance – 1 hour

Skills module: 35 hours

Skills program: 6+6 = 12 hours

- a. BLS
- b. first aid

Safety: 6 hours

- c. Hand washing
- d. Needle / scalpel stick injuries
- e. Immunisation requirements of health care professionals
- f. Concept of bio-safety
- g. Handling biomaterial / bio-waste management

Learning skills : 17 hours

- a) Learning pedagogy – 2 hours
- b) Self directed learning – 2 hours
- c) Learning strategies - 2 hours
- d) Community based learning – 2 hours
- e) Peer assisted learning – 1 hours
- f) Use of online learning – 2 hours

- g) Group learning – 1 hour
- h) Assessment driven learning – 1 hour
- i) Simulation based learning – 2 hours
- j) Learning from patients and other members of the health care team – 2 hours

Community visits: 8 hours

Orientation to community - 8 hours

- a. Visit a community health centre
- b. Introduction to health care workers and their role
- c. Introduction to and interaction patients

Ethics and professional development: 40 hours

Group dynamics : 3 hours

Working within a health care team: 3 hours

Documentation and the medical record: 3 hour

Interpersonal communication: 3 hour

Relating to patients experience of the disease: 3 hours

Communication with patients and families: 3 hours

Introduction to alternate health care systems and their relevance and relationship to the practice of modern medicine: 2 hours

Professionalism attitude and ethical: 20 hours

Concept of professionalism and ethics :

Consequences of unethical and unprofessional behaviour

Value of integrity honesty and respect during interaction with peers, seniors and faculty other health care workers and patients

Functioning as part of a health care team

Computers/Language: 40 hours

Language and Communication skills

Need based access to learning English and or local language of communication

Sports and Extracurricular activities: 22 hours

Table : Foundation Course (one month)

Subjects/ Contents	Teaching hours	Total hours
Orientation ¹	30	30
Skills Module ²	35	35
Field visit to community health center	8	8
Professional Development including ethics		40
Sports and Extracurricular activities	22	22
Enhancement of language/ computer skills ³	40	40
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